



Government Admin Building Daily Lunch Menu

Monday, November 4

- Chicken Noodle Soup - \$4.50/5.50
- Beef Lasagna With salad and Garlic bread - \$9
- Mains: Steamed snapper & Okra - \$9
- Sides: Rice and Beans, Garlic Bread, Fried Plantain, Green Beans, Salad bowl

Tuesday, November 5

- Red Bean w/ Beef Soup - \$4.50/5.50
- Mains: Caribbean style Jerk Chicken Maryland, plantain bacon \$9
- Main: Baked Mahi
- Sides: Coriander Lime Rice, Rice & Beans, Plantain, Steamed Broccoli & Cauliflower, Salad Bowl

Wednesday, November 6

- Chicken Noodle Soup - \$4.50/5.50
- Main: Oxtail & Beans - \$9
- Mains: Grilled Chicken Alfredo
- Sides: Rice and Beans, Pasta, Plantain, Sauteed Pepper & Pumpkin, Garlic bread

Thursday, November 7

- Chicken & Corn Soup - \$4.50/5.50
- Mains: Fried Mahi, Grilled Chicken Skewers
- Sides: Rice and Beans, Mash potato, Sauteed Green Beans, Plantain, Coleslaw

Friday, November 8

- Roasted Pumpkin Soup - \$4.50/5.50
- Mains: Jerk Pork, Brown Stew Fish
- Sides: Rice and Beans, Festival, Coleslaw, Fried Plantain

* All Rice on Menu is dairy and gluten free.

*All Vegetables if not stated has butter in description is dairy and gluten free.

* Fried Chicken and Fried Fish contains Gluten.

* Cream Sauces are with Dairy and Gluten except for the vegans.

* Soups carry dumpling & noodles which has gluten.