



George Town Hospital Daily Lunch Menu

Monday, January 13

- Chicken Noodle Soup - \$4.50/5.50
- Mains: Curry Chicken, Crispy Pork Bites Ginger soy, Mixed Beans Chili - \$9/\$12
- Sides: Steamed Rice, Steamed Mixed Vegetables, Salad bowl

Tuesday, January 14

- Red Bean with Beef Soup - \$4.50/5.50
- Mains: Sweet and Sour Chicken, Beef and Broccoli, Soy Tofu - \$9/\$12
- Sides: Asian Fried Rice, Steamed white rice, Sauteed carrots and green beans, Salad bowl

Wednesday, January 15

- Chicken Noodle Soup - \$4.50/5.50
- Mains: Honey Garlic Chicken, Beef Stroganoff - \$9/\$12
- Sides: Steamed white rice, Fried Plantains, Sauteed Cabbage, Salad bowl

Thursday, January 16

- Chicken & Corn Soup - \$4.50/5.50
- Mains: Chicken and Broccoli Alfredo, Beef Bolognese - \$9/\$12
- Sides: Spaghetti in Olive oil, Steamed Mixed Vegetables, Steamed white rice, Salad bowl

Friday, January 17

- Roasted Pumpkin Soup - \$4.50/5.50
- Mains: Crispy Chicken and Gravy, Roast Pork Loin Rosemary Jus - \$9/\$12
- Sides: Steamed white rice, Garlic Mash Potato, Garden peas and Broccoli, Salad bowl

Extra: Protein \$5 AND Sides - \$3

- * All Rice on Menu is dairy and gluten free.
- * All Vegetables if not stated has butter in description is dairy and gluten free.
- * Fried Chicken and Fried Fish contains Gluten.
- * Cream Sauces are with Dairy and Gluten except for the vegans.
- * Soups carry dumpling & noodles which has gluten.