



George Town Hospital Daily Lunch Menu

Monday, March 31

- Chicken Noodle Soup - \$4.50/5.50
- Mains: Honey Garlic Chicken, Beef Stroganoff - \$9/\$12
- **Vegan: Mixed Beans & Pumpkin Stew** - \$9/\$12
- Sides: Steamed White Rice, Creamy Mashed Potato, Grilled Vegetables, Mixed Green Salad

Tuesday, April 1

- Red Bean with Beef Soup - \$4.50/5.50
- Mains: Teriyaki Chicken, Pork bites - \$9/\$12
- **Vegan: Tofu stir-fry** - \$9/\$12
- Sides: Asian fried rice, Stir fried noodles, braised potatoes, garlic Bok choy

Wednesday, April 2

- Chicken Noodle Soup - \$4.50/5.50
- Mains: Chicken parmesan, beef bolognese meatloaf - \$9/\$12
- **Vegan: Baked eggplant & tomato ragout** - \$9/\$12
- Sides: Penne Pasta, cheese ravioli marinara, roasted broccoli, parmesan mashed potato

Thursday, April 3

- Chicken & Corn Soup - \$4.50/5.50
- Mains: Tandoori chicken, beef masala curry - \$9/\$12
- **Vegan: Vegetable lentil curry** - \$9/\$12
- Sides: Basmati Rice, steamed rice, chickpea & potato curry, kachumber salad

Friday, April 4

- Roasted pumpkin Soup- \$4.50/5.50
- Mains: Smoked BBQ chicken, BBQ pork ribs - \$9/\$12
- **Vegan: Black bean & Vegetable Burrito** - \$9/\$12
- Sides: Rice & beans, Mac & cheese, steamed vegetables, Coleslaw
 - **Asian Street Bar Pop up \$12**
- Chinese BBQ Pork Char Sui, Teriyaki Chicken Skewers, Thai Beef Satay, Asian Rice, Yakisoba Noodles, stir fry veggie, Tofu Stir fry (Tofu, Snap Peas, Beans Sprout, Carrot, Red Pepper), Spicy Peanut Sauce, Sweet Chili Sauce, Sriracha, Teriyaki Sauce.

Extra: Protein \$5 AND Sides - \$3

- * All Rice on Menu is dairy and gluten free.
- * All Vegetables if not stated has butter in description is dairy and gluten free.
- * Fried Chicken and Fried Fish contains Gluten.
- * Cream Sauces are with Dairy and Gluten except for the vegans.
- * Soups carry dumpling & noodles which has gluten.